

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1
				Breakfast: Corn Flakes with milk Snack: Yogurt with Rice Krispies Lunch: Turkey and Cheese Wraps, Orange Slices, Salad Snack: Trail Mix with
Breakfast: Corn Flakes with milk ⁴ Snack: Cheese Grits Lunch: Spaghetti, Apple Slices, Carrots Snack: Pretzels and Cheese Slices	Breakfast: Waffles with Syrup ⁵ Snack: Graham Crackers with Milk Lunch: Cheese Quesadilla, Corn, Pears Snack: Cheeze-its with Juice	Breakfast: Toasted Os w/ milk ⁶ Snack: Tuna Salad & Wheat Crackers Lunch: Cheeseburger, Carrots, Peaches Snack: Crackers with Soy Nut Butter	Breakfast: Cheese Toast ⁷ Snack: Cottage cheese and Blueberries Lunch: Chicken and Rice, Green Beans, Bananas Snack: Grahams with Applesauce	Breakfast: Corn Puffs with milk ⁸ Snack: Yogurt with Rice Krispies Lunch: Chicken Salad Wraps, Orange Slices, Salad Snack: Animal Crackers with Juice
Breakfast: Toasted Os with milk ¹¹ Snack: Cheese Grits Lunch: Baked Ziti, Salad, Apple Slices Snack: Pita with Hummus	Breakfast: Pancakes with syrup ¹² Snack: Cucumbers and Ritz Lunch: Chicken Tacos w/ Cheese, Corn, Pears Snack: Chips and Salsa	Breakfast: Corn Puffs with milk ¹³ Snack: Oatmeal Bananas Lunch: Chicken Nuggets, Carrots, Pineapples Snack: Cheese and Crackers	Breakfast: Biscuits with jelly ¹⁴ Snack: Breadsticks with Marinara, juice Lunch: Pizza, Bananas, Peas Snack: Grahams with Applesauce	Breakfast: Corn Flakes with milk ¹⁵ Snack: Yogurt with Rice Krispies Lunch: Turkey and Cheese Wraps, Orange Slices, Salad Snack: Trail Mix with Juice
Breakfast: Corn Flakes with milk ¹⁸ Snack: Cheese Grits Lunch: Spaghetti, Apple Slices, Carrots Snack: Pretzels and Cheese Slices	Breakfast: Waffles with Syrup ¹⁹ Snack: Graham Crackers with Milk Lunch: Cheese Quesadilla, Corn, Pears Snack: Cheez-its with Juice	Breakfast: Toasted Os w/ milk ²⁰ Snack: Tuna Salad with Wheat Crackers Lunch: Cheeseburger, Carrots, Peaches Snack: Crackers with Soy Nut Butter	Breakfast: Cheese Toast ²¹ Snack: Cottage cheese and Blueberries Lunch: Chicken and Rice, Bananas, Green Beans Snack: Grahams with Applesauce	Breakfast: Corn Puffs with milk ²² Snack: Yogurt with Rice Krispies Lunch: Chicken Salad Wraps, Orange Slices, Salad Snack: Animal Crackers with Juice
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